



# T-Ball Rules

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425 NE Mock Ave  
Blue Springs, MO 64014  
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**This is an instructional league designed for beginning level players to learn the basic fundamentals of the game. Scores will not be kept.**

**AGES:** Children who will turn 3 to 5 years old during the session may participate. Anyone who will turn 6 during the session can not participate

**AWARDS:** All participants will receive a participation medallion.

**CATCHERS:** Shall take a position to the rear of the batting tee and off to one side.

**COACHES: (and parents)**

- \* Coaches may stand anywhere within the field of play to assist the base runners or fielders during the game.
- \* Coaches may not obstruct defensive players.
- \* No more than one (1) parent on the field per child.
- \* There must be two (2) offensive base coaches on the field at all times.

**EQUIPMENT:** All equipment, excepts gloves which are optional, is supplied. Mouth guards are strongly suggested but are not supplied.

**GAME DURATION:** All games shall consist of three (3) innings or one (1) hour, whichever comes first.

**PITCHERS:** Pitchers must keep both feet in contact with the pitching rubber until the ball is hit.

**PLAYERS:** ALL players play the entire game. If need be, double up on positions. If not enough players eliminate the catcher or pitcher position.

**PLAYING REGULATIONS:**

- \* A "Safety Ball", provided by SportsCity, will be used for all games.
- \* The diamond shall be a fifty (50) foot square. Bases are to be no more than twenty-five (25) feet apart.
- \* The pitching rubber shall be twenty-five (25) feet from the back tip of home plate.  
**NOTE:** Due to ages playing, bases and pitching rubber can be moved in but can not be less than eighteen (18) feet apart.
- \* The batting tee shall be placed on home plate.
- \* All players are considered "infielders" and can play any position in the field.

**PRACTICES:**

- \* All teams will receive a one (1) hour practice before the start of the session.
- \* After the session starts, each team will have a half hour (1/2) practice before each game.
- \* Teams may have additional practices but these practices are not supplied by SportsCity nor is SportsCity liable for practices outside its facility.

**RULES of PLAY:**

- \* Eight (8) players are allowed to play defense in the field. Catcher is considered the 9th player.
- \* All players per team, will be in a continuous rotating batting order.
- \* Each inning will consist of the home and visiting teams batting their entire lineup regardless of the number of outs or runs.
- \* Strikes are defined as:
  - \* Any ball hit foul but not a third strike. There are **NO** strikeouts.
  - \* Any ball that is swung at and missed.
- \* **No stealing.** Runners cannot advance until the ball is hit.  
**NOTE:** After the ball is placed on the tee, runners leaving the base before the batter hits the ball, will be returned to that base.
- \* Play is dead when the ball is in complete control by the players regardless of their location inside the baselines.
- \* When play stops, the ball is "dead" until placed on the tee.

**TEAMS:**

Though not guaranteed, teams formed by SportsCity may be co-ed and should not consist of less than eight (8) or more than ten (10) players.

**UNIFORMS:**

Two coaches per team and all players will receive a "team t-shirt" for them to keep. Color of shorts is of no bearing. Tennis shoes or cleats that do not have metal spikes can be worn.

**NOTE:** Teams wanting to provide their own shirts may reduce their fee by \$10.00